

Break 100

Toe the line

Address your driver out of the toe to guarantee you strike the ball out of the sweetspot, in the middle of the clubface. By Ian Clark

Ever wondered why you're not hitting that big-headed driver of yours too well? It could be swing technique to blame, but chances are it's a lot simpler than that.

Many of the golfers I work with get one of the most important fundamentals wrong: how to address the ball. I'm sure you've all read tips telling you how to tee the ball up for your driver, so you can see half the ball above the clubhead. But rarely does anyone ever mention where you should address it, and that's where things go wrong.

When the ball is teed up high you must address it out of the toe. Why? Because, at impact, the club is off the ground. Hold the club above the ground in your impact position, then let the clubhead drop to the ground and see what happens: the clubhead moves closer to your feet and the ball lines up with its toe.

By addressing the ball out of the toe, your driver will strike the ball out of the centre of the clubface by the time it returns to impact, and bingo, your drives will fly longer and straighter!



POSITION AT IMPACT

Hover your driver above the ball in the impact position, then let it drop to the ground. You'll see that the ball lines up with the toe of your club.



POSITION AT ADDRESS

To guarantee a centre strike, start by addressing the ball out of the toe of your driver.

